

HOME ECONOMICS HE01006Y1

INTERNAL ASSESSMENT ACTIVITY

ACHIEVEMENT STANDARD 90957 (VERSION 3) HOME ECONOMICS 1.2
Demonstrate understanding of societal influences on an individual's food choices and well-being
Level 1, Internal assessment
5 credits

STUDENT INSTRUCTIONS

Overview:

This achievement standard involves demonstrating your understanding of societal influences on an individual's food choices and well-being by explaining:

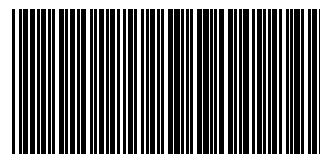
- How and why interpersonal and societal influences impact on an individual's food choices and well-being
- Clear connections must be shown between the factors chosen, the foods choices and the affect on the individual's well-being.

Conditions:

- This must be your own work.
- You may refer back to the information in HE01005 and HE01006.
- Before you complete the assessment tasks, you should contact your teacher if you have any difficulty with the work you have studied.
- There is no time limit for this work.
- Plagiarism detection software may be used to check this is your own work.

Supervisor requirements

- Supervision is not required for this assessment.
- Upload your assessment to the HE01006Y1 OTLE assessment dropbox when you have completed it.



ASSESSMENT CRITERIA

ACHIEVEMENT STANDARD 90957 (VERSION 3) HOME ECONOMICS 1.2

Demonstrate understanding of societal influences on an individual's food choices and well-being

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of societal influences on an individual's food choices and well-being.	Demonstrate in-depth understanding of societal influences on an individual's food choices and well-being.	Demonstrate comprehensive understanding of societal influences on an individual's food choices and well-being.

Definitions:

Societal influences include interpersonal influences within the family, whānau and peers, and influences from the wider community and environment in which we live.

Demonstrate understanding involves giving an account with clear examples of societal influences on an individual's food choices and well-being.

Demonstrate in-depth understanding involves giving reasons why societal influences impact on an individual's food choices and well-being.

Demonstrate comprehensive understanding involves justifying societal influences on food choices and well-being.

ASSESSMENT ACTIVITY

HOME ECONOMICS

INSTRUCTIONS

Read the questions carefully and write your answers in the spaces provided.

TASK

WRITE A REPORT ABOUT SOCIETAL INFLUENCES ON JACK'S FOOD CHOICES AND WELL-BEING.

Describe interpersonal and societal influences that affect Jack's food choices. Include:

- At least one interpersonal influence such as peers, family, friends or whānau. These could involve food gathering, selection, storage, preparation methods and cooking.
- At least one societal influence – influences from the wider community or environment such as culture, law, media, advertising, geography.

Explain in detail how and why these influences affect Jack's food choices and wellbeing:

- This could include how the influence affects Jack's attitudes and/or values and behaviour towards food. Also how the food related decision was made.
- Include references to the four dimensions of hauora: taha whānau (social), taha tinana (physical), taha wairua (spiritual), taha hinengaro (mental and emotional). These could be positive or negative effects.

Justify how these influences affect Jack's food choice by showing relevant relationships/connections between the influences, with effects on food choices and well-being.

ASSESSMENT ACTIVITY

Read through Jack's profile below and demonstrate your understanding of societal influences on Jack's food choices and wellbeing in your response.

JACK'S PROFILE

His family shops at the local supermarket and the Saturday morning fruit and vegetable market.

He plays rugby twice a week and socialises in the clubrooms on Saturday. He eats wedges and sour cream or nachos with his friends.

Jack drinks lots of energy drinks promoted by the All Blacks in T.V ads.



Jack lives at home with his parents and 10 year old sister who dislikes cooked vegetables.

Jack is 16 years old and attends the local high school.

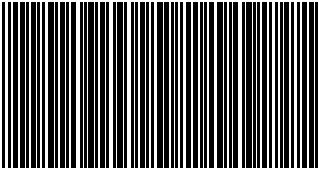
Jack and his sister are part of the school kappa haka group. They have practise on Fridays and share food together after practice.

He cooks for the family on Thursday nights. Kai is important to the family as mealtimes are a time for whānau to share their day's stories. Usually he cooks spaghetti bolognese and vegetable salad.

Jack enjoys watching 'Kai time on the road' on Maori television. Recently he went fishing with his Dad and he caught a trout; he used a recipe from the show (www.maoritelevision.com/tv/shows/kai-time-road/S12E012/kai-time-road-series-12-episode-12) to cook it for his whānau.

Write your assessment here. Use extra paper if needed.

HE01006Y1



STUDENTS – PLACE STUDENT ADDRESS LABEL BELOW OR WRITE IN YOUR DETAILS.	
Full Name	_____
ID No.	_____
Address <small>(if changed)</small>	_____